



Rush Creek Yacht Club Youth Summer Camps

Rush Creek Yacht Club invites you to our summer camps for boys and girls 7-18 years of age with a wide range of programs from learn-to-sail, advanced racing training and adventuring. You have an opportunity to introduce or develop a skill that your child can use the rest of their life, improve their hand-eye coordination and balance, and build a sense of independence and self-esteem!

For kids 7 to 18, our **Summer Sailing Camps** consists of five (5) one-week sessions from June through August. Participants will make friends in a hands-on interactive program and learn to sail a boat by themselves, basic seamanship and safe boating habits. They will not only learn sailing technique, but have fun trips to other parts of Lake Ray Hubbard, use of the RCYC pool and many other water related activities. For kids 10 to 18, our **Adventurers Camp** consists of on the water activities including kayaking, paddle boarding, and larger boat sailing.

Summer Sailing Camp Schedule **10% Sibling Discount Available**

- Session 1: June 5- June 9 (Monday through Friday – 9 am to 4 pm)
 - Member Price - \$350 & Non-Member Price - \$450
 - \$20 rebate if you bring your own boat
- Session 2: June 19-June 23 (Monday through Friday – 9 am to 4 pm)
 - Member Price - \$350 & Non-Member Price - \$450
 - \$20 rebate if you bring your own boat
- Session 3: July 17-July 21 (Monday through Friday – 9 am to 4 pm)
 - Member Price - \$350 & Non-Member Price - \$450
 - \$20 rebate if you bring your own boat
- Session 4: July 24-July 28 (Monday through Friday – 9 am to 4 pm)
 - Member Price - \$350 & Non-Member Price - \$450
 - \$20 rebate if you bring your own boat
- Session 5: July 31-August 4 (Monday through Thursday – 9 am to 4 pm)
 - Member Price - \$350 & Non-Member Price - \$450
 - \$20 rebate if you bring your own boat

Adventures Camp Schedule

- August 7 – August 10 (Monday through Thursday – 12 pm to 4:00 pm)
 - Member Price - \$175 & Non-Member Price - \$225

Our summer coaching staff is comprised of US Sailing certified collegiate and high school sailors.



Rush Creek Yacht Club Youth Summer Camps

Registration is online at www.RCYC.org. Contact our Coach and Program Manager Andy Casey at coach@rcyc.org or 972-771-6500.

RCYC's Youth Sailing Fleet

The **Optimist** is an eight-foot; kid sized single-handed dinghy that is easy to manage and fun to sail. The "Opti" is a great boat for juniors to begin sailing, and provides a great platform to learn racing.



The **Laser** is a dinghy for older youth sailors. It is a great platform to build boat-handling and racing skills. This boat has three different size sails, allowing us to tailor the boat to the weight of the sailor.

The **420** is an ideal entry-level training boat for all ages. This is a double-handed boat with main and jib. Advanced sailors can learn to rig the spinnaker and trapeze for an exhilarating thrill. This is the primary boat used on the Texas Sailing Association's Youth Circuit and in Collegiate Sailing.

Summer Sailing Camp - Class Description

Opti Beginners is our class designed to teach the basics of sailing to children ages 7-13. The kids will build confidence sailing solo in a kid sized boat and learn the parts of the boat, basic sailing maneuvers including tacking and gibing, and have fun on the water. Learning safe habits and good seamanship is a big part of sailing and the 7:1 student to instructor ratio gives the beginners lots of attention.





Rush Creek Yacht Club Youth Summer Camps

Opti Intermediate ages 7-15 is the next step in becoming a better Opti sailor. The sailors will continue building confidence with an 8:1 ratio and be introduced to the basics of racing including starting sequences, mark roundings, and the rules of the road. Opti intermediate sailors will participate in races at the end of the session and will be ready to compete at Green fleet regattas where coaching is available.

Beginning Double-handed is for our older sailors who are at least 13 years old. The class is taught in 420s and JY15s and has a ratio of 1:10 or 1 instructor per 5 boats. Double handed sailors learn how to use a jib and develop both good boat handling and teamwork skills. The students have a fun and safe environment and will learn about seamanship, parts of the boat, and other necessary tools to become confident able sailors.

Racing and Skill Development is for Optis, Lasers, and 420s and is for sailors ready to go to the next level. Advanced boat handling maneuvers, racing strategy and tactics, and sailing knowledge is expanded in this class. Students will be racing in the Opti fleets, Lasers or in the 420 with spinnakers and trapeze. Regatta coaching is available for sailors in this class.

Adventurer's is to become familiar with other types of water activities including the use of the paddleboards, kayaks, and RCYC owned IC-24 keel boats. Focus will be on learning safe habits, proper technique and having a LOT of fun!

Additional Summer Camp Information

- As safety is our #1 priority, all students must pass a **swim test** consisting of jumping in and swimming across the club swimming pool and putting a lifejacket on while in the water.
- Each camper will receive a **RCYC Summer Sailing Camp T-Shirt**
- **Each day, all sailors will need to bring:** Towel, Swim Suit, Change of Clothes, Closed Toe Shoes, Lifejacket, Hat/Sunglasses, Sunscreen, Water Bottle, and Lunch.

Registration is online at www.RCYC.org