



# Rush Creek Yacht Club 2018 Fall Youth Sailing

Rush Creek Yacht Club (RCYC) announces its Fall 2018 Youth Sailing Programs. There are numerous programs for kids starting at seven years old that span brand new sailors to advanced racers. The programs include: TSA Youth Circuit and Key Regattas, Special Events, and After-School and Weekend Classes.

## TSA Youth Circuit/Key Regattas

Our junior sailing coach will be onsite for the **RCYC Junior Sailing Team** during the Texas Sailing Association (TSA) Youth Circuit Regattas. The coach's role is to provide off and on-the-water coaching during both days of the regatta and help coordinate the travel aspects of the racing team.

### August 18-19

Rockin' Rockport Regatta

Rockport Yacht Club

### September 8-9

Rock the Rock

Corinthian Sailing Club

### September 22-23

Jr. Ol' Man of the Sea

Fort Worth Boat Club

### October 6-7

Pirates of the Corinthian Regatta

Dallas Corinthian Yacht Club

### October 20-21

Changes in L'Attitude

Corpus Christi Yacht Club

### November 10-11

Chocopalooza End-of-Year

Rush Creek Yacht Club





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## After-School and Weekend Classes

**Beginning Optimis (Opti Green)** are those kids that are eight (7) years old or older and want to develop sailing skills. Taught in Optimist Prams, the most popular kid's sailing boat in the world, this beginning class will teach the following abilities:



- Rigging an Optimist dingy and learn the parts of the boat
- Sail in straight lines both on and off the wind
- Capsize recovery
- Identify where the wind is coming from, points of sail, and sail trim
- Know basic maneuvers such as tacking, jibing, docking
- How to start a race and go around a race course
- Responsibility for equipment and teamwork

**Opti RWB (Red, White and Blue)** is for those kids that have perfected the basics of rigging and sailing their Optimis. The goal is to perfect their handwork, footwork, boat tuning and boat handling techniques. Focus on tactics and racing rules will improve their finishes on the race course. Effort will include:

- More focused practices to improve specific skills
- Being able to sail in ANY breeze condition.
- Sail trim, control adjustments, and body placement that can maximize boat speed.
- Perfecting maneuvers including roll tacks, roll jibes, kiting, quick 720's, mark roundings and starting acceleration
- Understanding wind shifts, race course strategy and starting strategy
- Overall fitness of the sailors
- Team work
- Responsibility for their equipment



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The **420** and **Laser** are used by many high school and collegiate sailing programs and is used for most of TSA Circuit events. It is designed for those older kids that have aged or sized out of the Optimist Pram. Students in this program will concentrate on:

- Develop sailing skills for 7th grade and older kids
- Develop the sailing skills needed to race with a trapeze and spinnaker
- Understanding wind shifts
- Maximizing boat speed
- Starting strategy
- Developing an overall racecourse strategy.
- Teamwork
- Responsibility for equipment
- Improving maneuvers including mark roundings, sets, douses, and wire-to-wire tacks.





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## Fall Session Race Team/Advanced Sailor

Class	Day	Dates	Time	Ages	Cost
Advanced Sailors Opti, RWB, 420/Laser	Monday, Wednesday, and Saturday	Monthly beginning August 27th- December 2 <sup>nd</sup>	Monday and Wednesday: 4:30PM-7:00PM Saturday: 12PM-5PM	7 - 18	See 2018 pricing structure below.

\*Race Team practices will **NOT** be held during TSA Regatta weekends, during non-TSA regattas in which 5 or more of our race team attends, or during Holidays. It will be up to the discretion of the VC of Education and the Program Manager to have practice during RCYC hosted regattas. **It is highly encouraged for the race team to either sail or crew during RCYC hosted regattas.**

\***TSA regatta dates Fall 2018 include:** 8/18-8/19, 9/8-9/9, 9/22-9/23, 10/6-10/7, 10/20-10/21, 11/10-11/11

\***RCYC hosted regatta dates Fall 2018 include:** 9/22-9/23 (George Griffith), 10/13-10/14 (Fall Dinghyfest)

## Junior Fall Session

Class	Day	Dates	Time	Ages	Cost
Opti Sailing	Tuesdays	<b>September:</b> 4, 11, 18, 25 <b>October:</b> 2, 9, 16, 23, 30 <b>November:</b> 6, 13, 27	4:30 pm – 7:00 pm	7 - 12	Member: \$400 Non-Member: \$475  <i>Fee includes use of club boats</i>
<b>Laser/420 Sailing</b> *** If this class does not have registrants enrolled by September 1 <sup>st</sup> we will open this class to Opti Sailing***	Thursdays	<b>September:</b> 6, 13, 20, 27 <b>October:</b> 4, 11, 18, 25 <b>November:</b> 1, 8, 15, 29	4:30 pm – 7:00 pm	10 - 18	Member: \$400 Non-Member: \$475  <i>Fee includes use of club boats</i>

\***What to bring:** Life jacket, appropriate spray gear, closed toe sandals or shoes, change of clothes, towel, sunscreen, water bottle and snack.



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## **Contacts:**

Paul Barnes (Head Coach and Program Director)

[coach@rcyc.org](mailto:coach@rcyc.org)

Jamie Barkley (Vice Commodore of Education)

[jamerse04@yahoo.com](mailto:jamerse04@yahoo.com)

REGISTER ONLINE AT [WWW.  
RCYC.ORG](http://WWW.RCYC.ORG)



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## 2018 Junior Race Team Pricing Structure

### Opti sailors

Full Time Opti. Includes all scheduled sailing instruction for the race team, all TSA regatta coaching fee's and unlimited sailing in spring and summer clinics...\$195.00 per month.

Opti sailors who attend majority of Regattas but can only make some practices (either Wednesday and Thursday OR Saturday, includes spring clinic and one week of choice in summer clinic) all TSA regatta coaching fee's...\$160.00 per month.

### Laser/420 Sailors

Full Time Laser/420. Includes all scheduled sailing instruction for the race team on, all TSA regatta coaching fee's and unlimited sailing in spring and summer clinics ...\$195.00 per month.

Laser/420 sailors who attend majority of Regattas but can only make some practices (either Wednesday or Thursday OR Saturday, includes spring clinic and one week of choice in summer clinic) all TSA regatta coaching fee's \$160.00 per month.

### Additional fees/discounts

\*\*\*\*10% sibling discount (only applies to juniors who make a 12-month commitment).

\*\*\*\*\$25.00 additional monthly fee for juniors that are not able to make a month-12 commitment.

\*\*\*\*\$25.00 additional monthly fee for use of junior club boats (\*Juniors using a club boat during a regatta are responsible for securing and transporting the borrowed club boat to and from the regatta, a \$50.00 charge will apply for abandoning a borrowed boat at a regatta).

\*\*\*\*\$25.00 additional monthly fee for non-club members. Non-members will be required to fill out a credit card authorization or bank auto-draft authorization for monthly dues.

\*\*\*\*Pricing structure does NOT include coaching regatta fees for National Events except for Texas Youth Race Week. If your child attends a National Event and needs coaching, price will be structured accordingly.

\*\*\*\*This pricing structure is only available to juniors that are actively involved in the Texas Sailing Association circuit and are already at a competing level. For beginning or novice sailors please register your child for their appropriate sailing class. You may contact our Vice Commodore of Education, Jamie Barkley, for questions regarding beginning sailing instruction.



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## 2018 Regatta Pricing Structure

\*\*\*\*Does NOT apply to juniors enrolled in our sailing program.

Regatta Coaching Fee	\$120
420 Load and Delivery to/from the regatta	\$75
Laser Load and Delivery to/from the regatta	\$50
Opti. Load and Delivery to/from the regatta	\$50
20 Regatta Charter Fee	\$200
Laser Regatta Charter Fee	\$100
Opti. Regatta Charter Fee	\$60
Trailer Charter for the club owned trailer	\$50

### Contacts:

Paul Barnes (Head Coach and Program Director)

[coach@rcyc.org](mailto:coach@rcyc.org)

Jamie Barkley (Vice Commodore of Education)

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