



# Rush Creek Yacht Club 2019 Fall Youth Sailing

Rush Creek Yacht Club (RCYC) announces its Spring Youth Sailing Programs. There are numerous programs for kids starting at seven years old that span brand new sailors to advanced racers. The programs include: TSA Youth Circuit and Key Regattas, Special Events, and After-School and Weekend Classes.

## TSA Youth Circuit/Key Regattas

Our junior sailing coach will be onsite for the **RCYC Junior Sailing Team** during the Texas Sailing Association (TSA) Youth Circuit Regattas. The coach's role is to provide off and on-the-water coaching during both days of the regatta and help coordinate the travel aspects of the racing team.

### Fall 2019 Regattas

**September 7-8**  
Rock the Rock  
Corinthian Sailing Club

**September 28-29**  
Jr. Ol' Man of the Sea  
Fort Worth Boat Club

**October 12-13**  
Pirates of the Corinthian Regatta  
Dallas Corinthian Yacht Club

**November 9-10**  
TSA End of Year: Changes in L'Attitude  
Corpus Christi Yacht Club





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## After-School and Weekend Classes

**Beginning Optis:** This class is for those kids that are seven (7) years old or older and want to develop sailing skills. Taught in Optimist Prams, the most popular kid's sailing boat in the world, this beginning class will teach the following abilities:



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- Rigging an Optimist dinghy and learn the parts of the boat
- Sail in straight lines both on and off the wind
- Capsize recovery
- Identify where the wind is coming from, points of sail, and sail trim
- Know basic maneuvers such as tacking, jibing, docking
- How to start a race and go around a race course
- Responsibility for equipment and teamwork

**Tadpoles Beginner Optis:** This class is designed for our tiniest sailors!! This is for ages 4-6 and is available to those that want to introduce their children to the world of sailing. We are excited to bring this program back for our tiny sailors. This main purpose of this class is to serve as an introduction to sailing and help our little sailors start to become comfortable out on the water!

**The 420 and Laser** are used by many high school and collegiate sailing programs and is used for most of TSA Circuit events. It is designed for those older kids that have aged or sized out of the Optimist Pram. Students in this program will concentrate on:

- Develop sailing skills for 7th grade and older kids



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- Develop the sailing skills needed to race with a trapeze and spinnaker
- Understanding wind shifts
- Maximizing boat speed
- Starting strategy
- Developing an overall racecourse strategy.
- Teamwork
- Responsibility for equipment
- Improving maneuvers including mark roundings, sets, douses, and wire-to-wire tacks.





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## Fall Race Team/Advanced Sailor

Class	Day	Dates	Time	Ages	Cost
Advanced Sailors Opti 420/Laser	Wednesday, Thursday, Saturday <b>(Laser/420), and Sunday (Opti)</b>	<b>Monthly: August 24<sup>th</sup>- November 30<sup>th</sup></b>	<b>Wednesday and Thursday (full team): 4:30PM-7:00PM Saturday (Laser/420s): 12PM-5PM Sunday (Optis): 12PM-5PM</b>	7 - 18	<b>See 2019 pricing structure below.</b>

\*\*\*Race Team practices will **NOT** be held during TSA Regatta weekends, during non-TSA regattas in which 5 or more of our race team attends, or during Holidays. It will be up to the discretion of the VC of Education and the Program Manager to have practice during RCYC hosted regattas. **It is highly encouraged for the race team to either sail or crew during RCYC hosted regattas.**

\*TSA regatta dates Spring 2019 include: (9/7, 9/28, 10/12, 11/9)

\*RCYC hosted regatta dates Spring include: (10/5 Dingy Fest, 10/26 George Griffith)

## Junior Fall Session

Class	Day	Dates	Time	Ages	Cost
Opti Sailing	Tuesdays	<b>September: 3, 10, 17, 24 October: 1, 8, 15, 22, 29 November: 5, 12, 19, 26</b>	3:30 pm – 6:00 pm	7 - 12	Member: \$400 Non-Member: \$475  <i>Fee includes use of club boats</i>
Laser/420 Sailing	Mondays	<b>September: 2, 9, 16, 23, 30 October: 7, 14, 21, 28 November: 4, 11, 18, 25</b>	4:30 pm – 7:00 pm September and October 4:30 pm – 6:00 pm In November	10 - 18	Member: \$400 Non-Member: \$475  <i>Fee includes use of club boats</i>

\*\*\***What to bring:** Life jacket, appropriate spray gear, closed toe sandals or shoes, change of clothes, towel, sunscreen, water bottle and snack.



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## TADPOLES Fall Sailing Session

Class	Day	Dates	Time	Ages	Cost
<b>Beginner Sailors</b> (this is an introductory class for our tiniest sailors!!!)	Saturdays	<b>September:</b> 14, 21  <b>October:</b> 19, 26  <b>November:</b> 2, 16	10:00AM-11:30AM	4-6	Members: \$150 Non-members: \$175

**\*\*What to bring:** Life jacket, appropriate spray gear, closed toe sandals or shoes, change of clothes, towel, sunscreen.

### Contacts:

Paul Barnes (Head Coach and Program Director)  
[paulbarnessailing1984@gmail.com](mailto:paulbarnessailing1984@gmail.com)

Jamie Barkley (Vice Commodore of Education)  
[jamerse04@yahoo.com](mailto:jamerse04@yahoo.com)

REGISTER ONLINE AT [WWW.RCYC.ORG](http://WWW.RCYC.ORG)



# Rush Creek Yacht Club 2019 Fall Youth Sailing

## 2019 Race Team Pricing Structure

### Full-Time Race Team 12 month commitment (January-December):

Includes all scheduled sailing instruction for the race team for the entire year, all TSA regatta coaching fees and unlimited sailing in spring and summer clinics. **\$205 per month**

### Full-Time Race Team Seasonal:

For those who may not be able to make a 12 month commitment, this choice includes all scheduled sailing instruction for the race team during the months you are registered. This option includes all scheduled sailing instruction for the race team, and all TSA regatta coaching during the months you are registered. To receive unlimited access to spring and summer clinics you must be enrolled in **two consecutive** seasonal sessions. The session options for seasonal are below. Please select the sessions you would like to attend when registering. **\$225 per month**

1. **Spring: March-May**
2. **Summer: May-August**
3. **Fall: August-November**
4. **Winter: November-February**

### Part-time Race Team 12 month commitment (January-December):

Includes 2 race team practices a week and all TSA coaching regatta fees. If enrolled part-time your monthly payment includes spring clinic sessions, and one week of your choice in summer clinics. **\$170 per month**

### Part-time Race Team Seasonal:

For those that may not be able to make a 12 month commitment, this option includes 2 race team practices a week and all TSA coaching regatta fees during the months you are active in the program. To receive access to one spring clinic and one summer clinic you must be enrolled in **two consecutive** seasonal sessions. The seasonal session options are below. Please select the sessions you would like to attend when registering. **\$190 per month**

1. **Spring: March-May**
2. **Summer: May-August**
3. **Fall: August-November**
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## ONE DAY A WEEK Race Team:

For those that may live far, we would like to offer a one day a week option for the race team participation. **This option is only available to those whose primary residence is more than 30 miles from Rush Creek Yacht Club.** This option includes one practice per week, and TSA regatta coaching fees. This does **NOT** include spring and summer clinics. Please select the sessions you would like to attend when registering. **\$130 per month**

1. **Spring: March-May**
2. **Summer: May-August**
3. **Fall: August-November**
4. **Winter: November-February**

## Additional Fees/Discounts

- **10%** sibling discount (**only** applies to juniors who make a **12-month commitment**).
- **\$25.00** additional monthly fee for use of junior club boats (\*Juniors using a club boat during a regatta are responsible for securing and transporting the borrowed club boat to and from the regatta)
- **\$50.00** charge will apply for abandoning a borrowed boat at a regatta.
- **\$30.00** additional monthly fee for non-club members. Non-members will be required to fill out a credit card authorization or bank auto-draft authorization for monthly dues.

\* Pricing structure does **NOT** include coaching regatta fees for National Events except for Texas Youth Race Week. If your child attends a National Event and needs coaching, price will be structured accordingly.

\*\*This pricing structure is only available to juniors that are actively involved in the Texas Sailing Association circuit and are already at a competing level. For beginning or novice sailors please register your child for their appropriate sailing class. You may contact our coach Paul Barnes for questions regarding beginning sailing instruction.





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## 2019 Regatta Pricing Structure

\*\*\*\*Does NOT apply to juniors enrolled in our sailing program.

Regatta Coaching Fee	\$120
420 Load and Delivery to/from the regatta	\$75
Laser Load and Delivery to/from the regatta	\$50
Opti. Load and Delivery to/from the regatta	\$50
420 Regatta Charter Fee	\$200
Laser Regatta Charter Fee	\$100
Opti. Regatta Charter Fee	\$60
Trailer Charter for the club owned trailer	\$50

### Contacts:

Paul Barnes (Head Coach and Program Director)  
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